



## ROASTED ASPARAGUS

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Serves: 4

1 Bunch of asparagus

Olive oil

Salt & pepper

Vinaigrette

1. Preheat oven to 375 degrees
2. Clean and trim the woody ends of the asparagus
3. If your asparagus is big, gently peel the base
4. Toss with olive oil, salt & pepper
5. Spread out on a sheet tray and roast for 7-9 minutes or until just tender
6. Immediately after removing from the oven, toss with your favorite vinaigrette or balsamic vinegar

You can also grill the asparagus